

# WHERE SHOULD YOU GO?

## HOW TO CHOOSE BETWEEN:

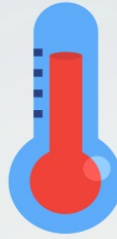


### PRIMARY CARE

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Call or see your doctor for your regular medical problems or most urgent needs

- Check-ups or physicals
- Common illnesses
- Flu shots and other vaccines
- Health advice
- Medication refills or changes
- Referral to a specialist
- Routine tests
- Your regular medical problems
- ...and most things on the urgent care list!



### URGENT CARE

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Go to the Urgent Care for common things that need to be treated soon, but your doctor is not available.

- Allergic reaction
- Animal or insect bite
- Back pain
- Bad cold or flu
- Cuts requiring stitches
- Ear aches
- Eye infection or irritation
- Mild fever
- Minor burns
- Nausea, vomiting and diarrhea
- Skin conditions
- Sore throat
- Sprains or strains
- Suspected broken bone, not shifted out of place
- Urinary tract infection



### EMERGENCY ROOM

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Go to the Emergency Room for serious life or limb threatening conditions.

- Broken bone, shifted out of place
- Coughing or vomiting blood
- Chest pain
- Difficulty speaking
- Head or eye injury
- Poisoning or overdose
- Severe abdominal pain
- Severe burns
- Signs of stroke such as numbness or weakness of limbs
- Shortness of breath
- Sudden loss of consciousness
- Uncontrolled bleeding